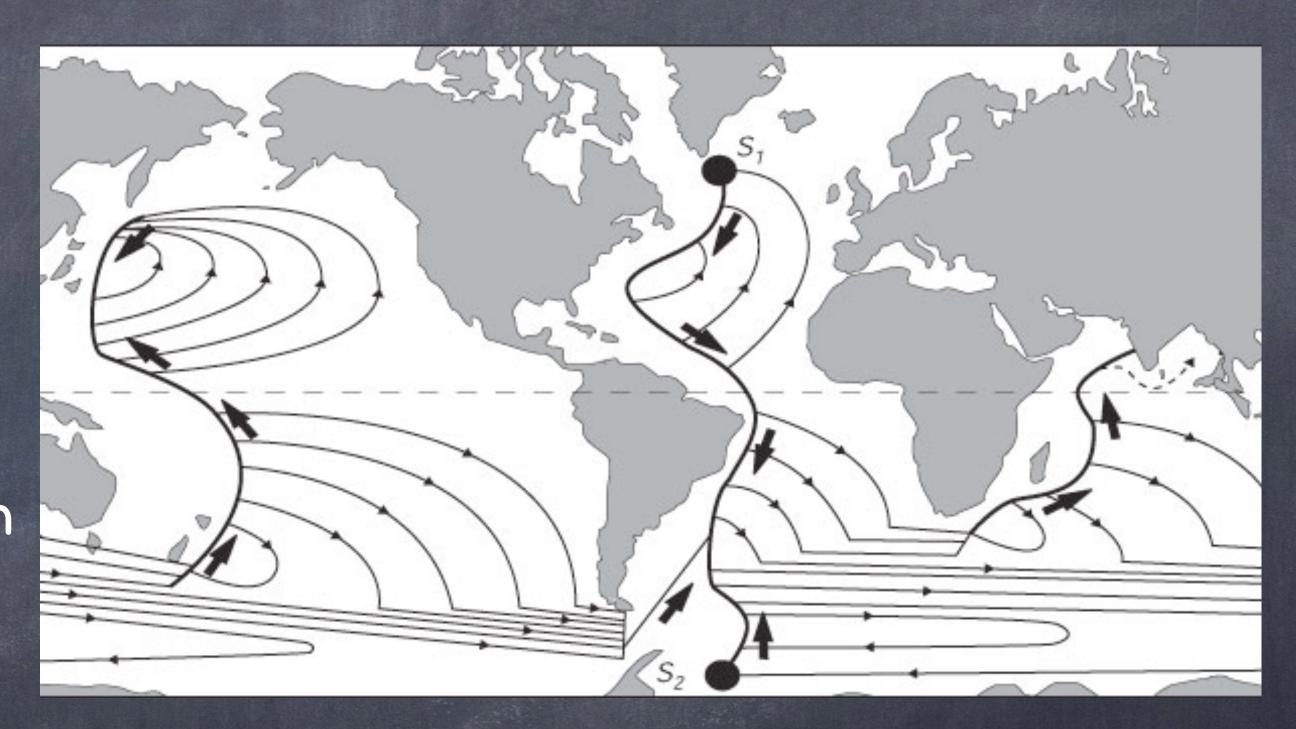
### Oceans and Climate Variability

Global Thermohaline / Overturning
Circulation
& Ocean-atmosphere Coupled Modes

#### What have we learned about the deep and abyssal circulation ...?

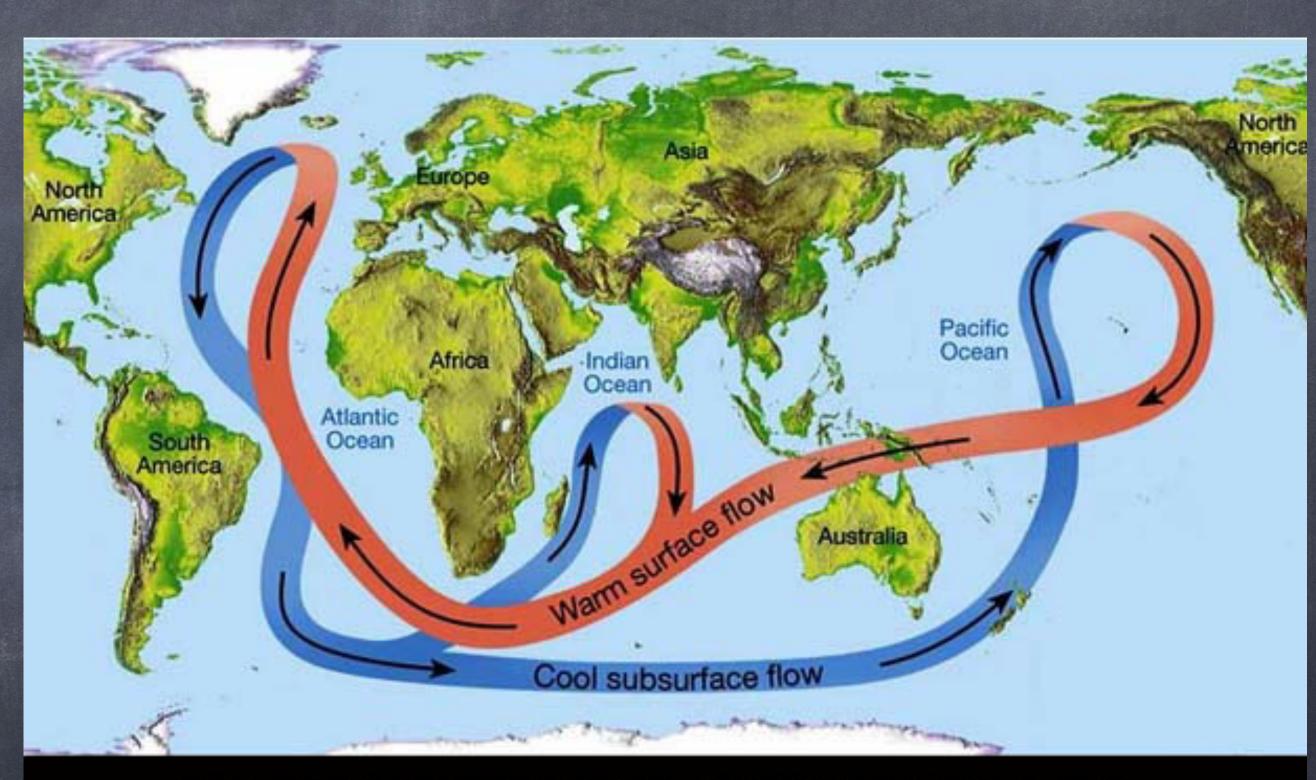
- The primary sources of deep and abyssal waters are overflows and convection in the Arctic (NADW) and Antarctic (AABW) subpolar gyres.
- These waters flow away from their sources in DWBCs, except in the South Atlantic where NADW continues southward.
- The abyssal circulation is driven by a balance between polar buoyancy loss and topographic/dynamic upwelling



Stommel-Arons theory of abyssal circulation (1958–1960): Driven by uniform upwelling

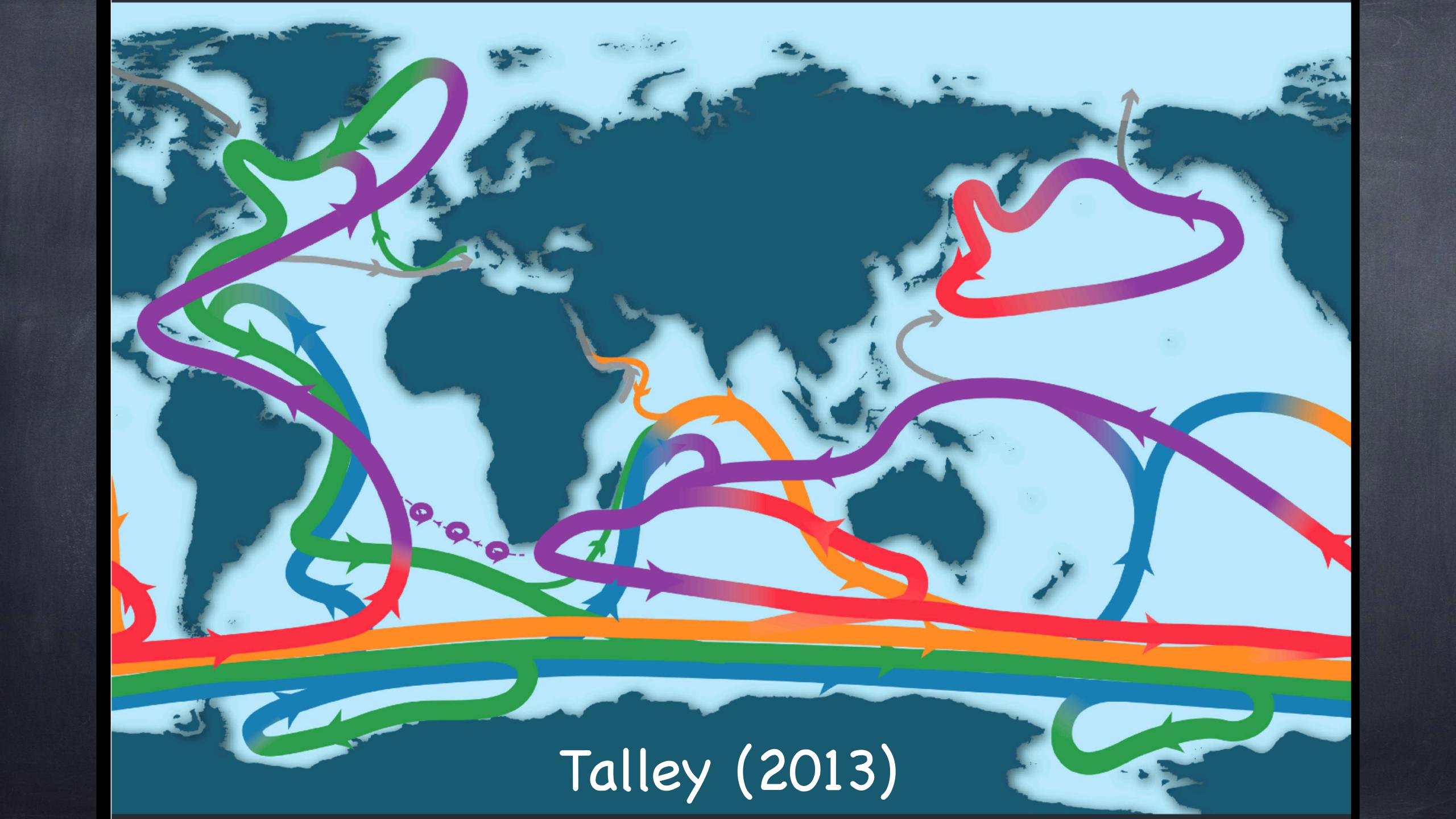
#### Global Thermohaline / Overturning Circulation

- Somehow, the abyssal source waters are replenished: Waters in the upper ocean must flow back towards the poles to "feed" sinking and convection sites.
- The upper and lower flows together form the thermohaline, or overturning, circulation.
- The upper waters are far warmer than the deep waters they "replace" hence there is a large oceanic transport of heat associated with the THC or MOC, with a maximum at mid-latitudes.

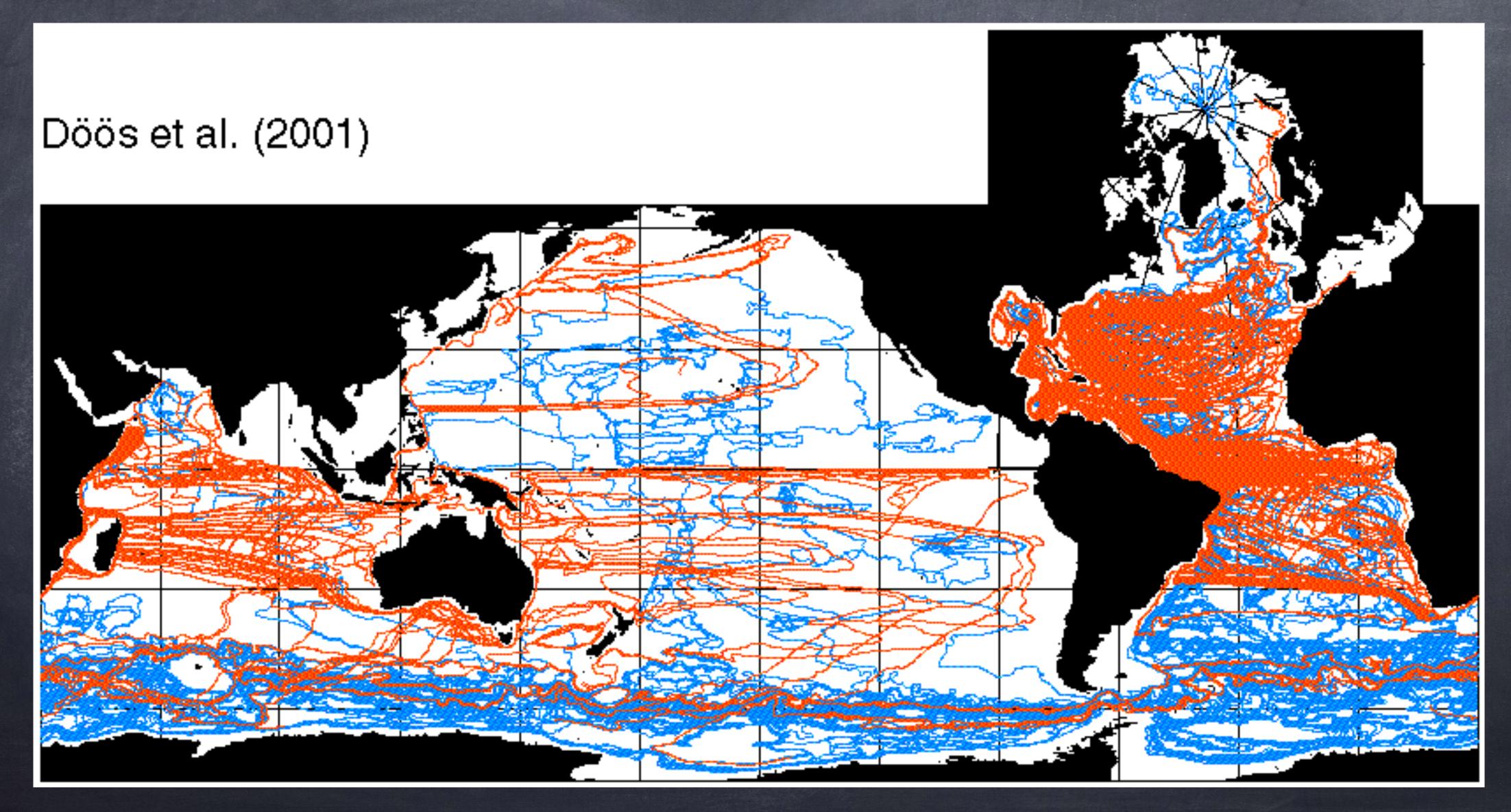


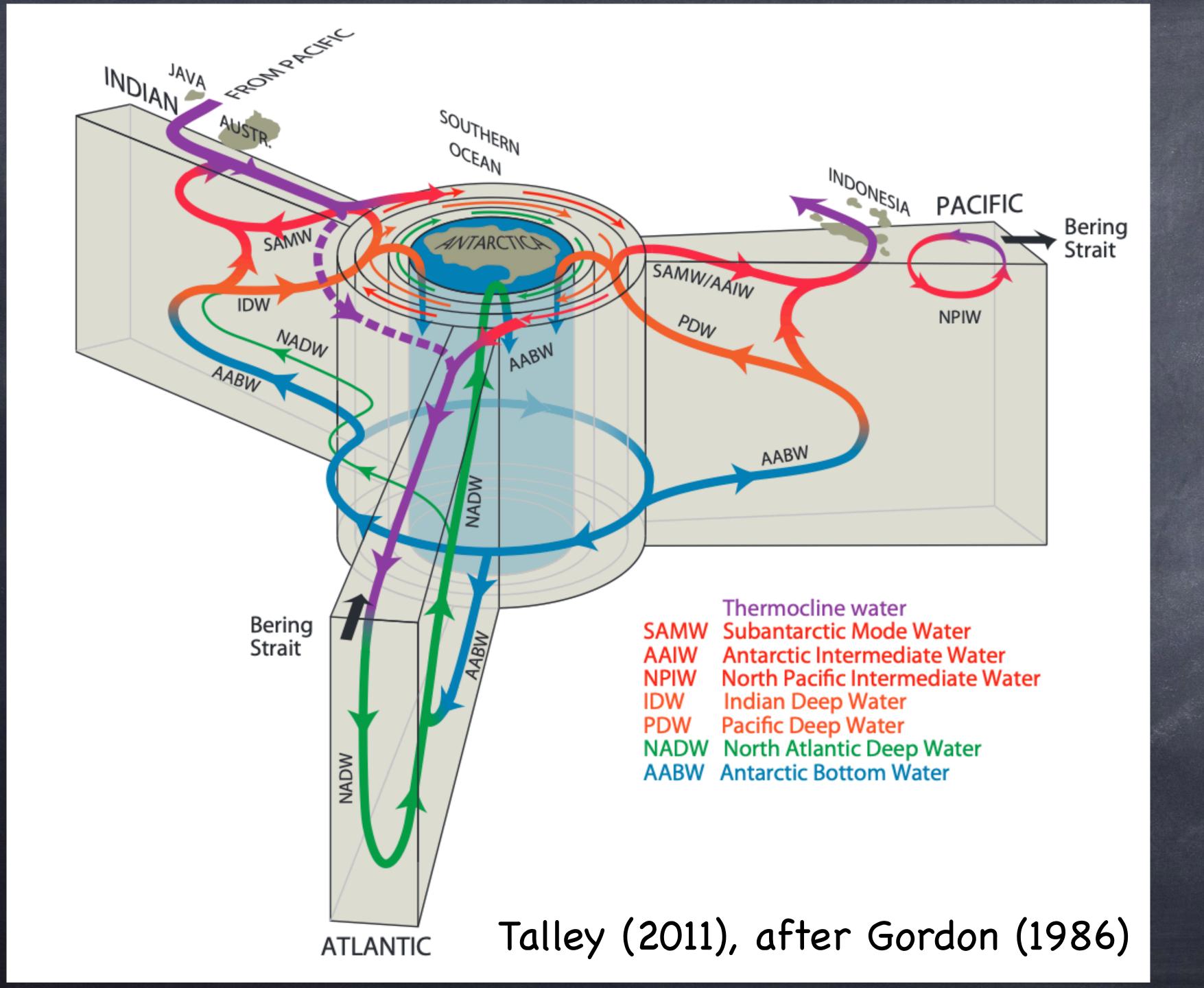
THERMOHALINE CIRCULATION - GREAT OCEAN CURRENT

Broecker. Gordon.



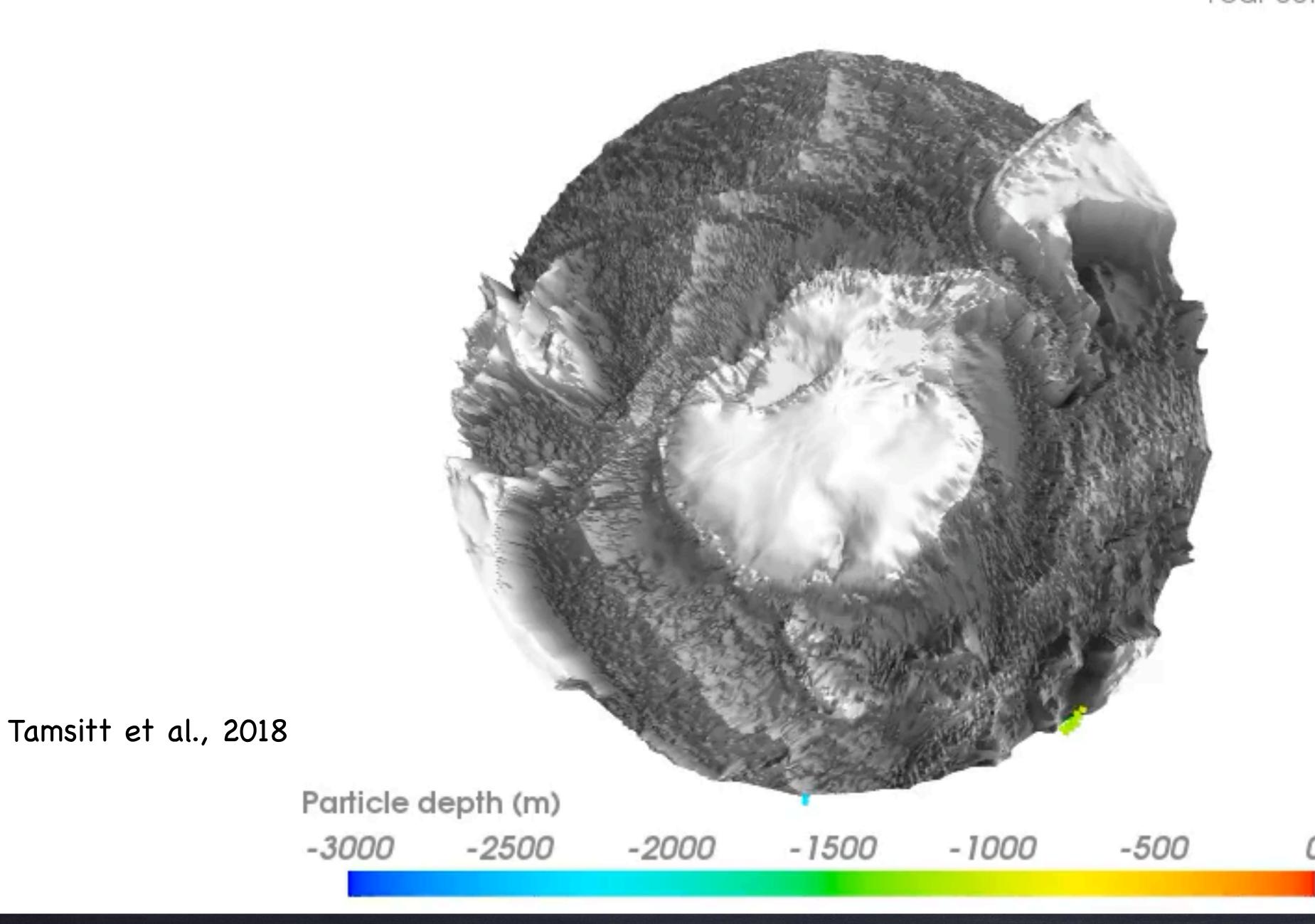
The global THC or "Conveyor Belt" depicted by particle trajectories in ocean model OCCAM (Doos et al, 2001)



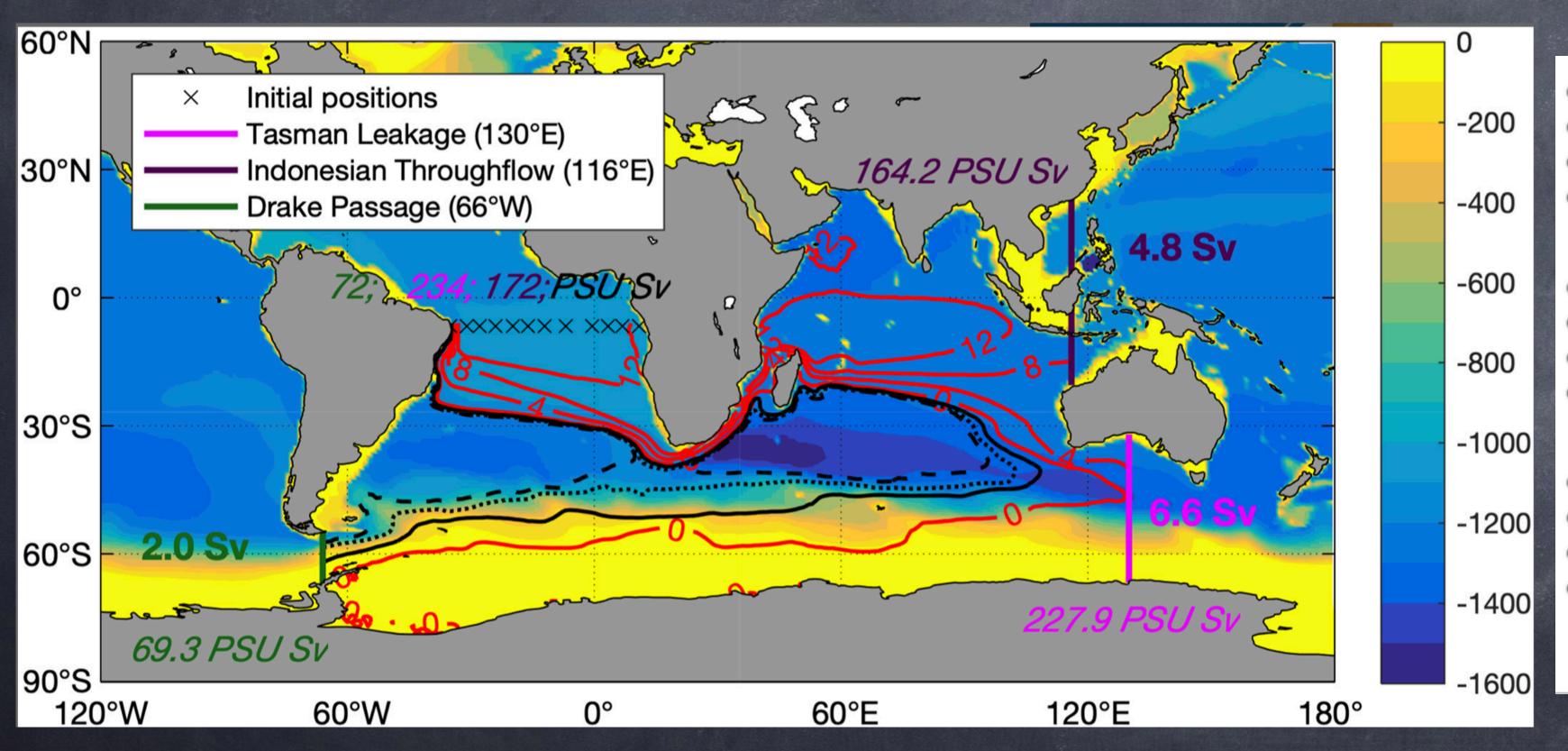


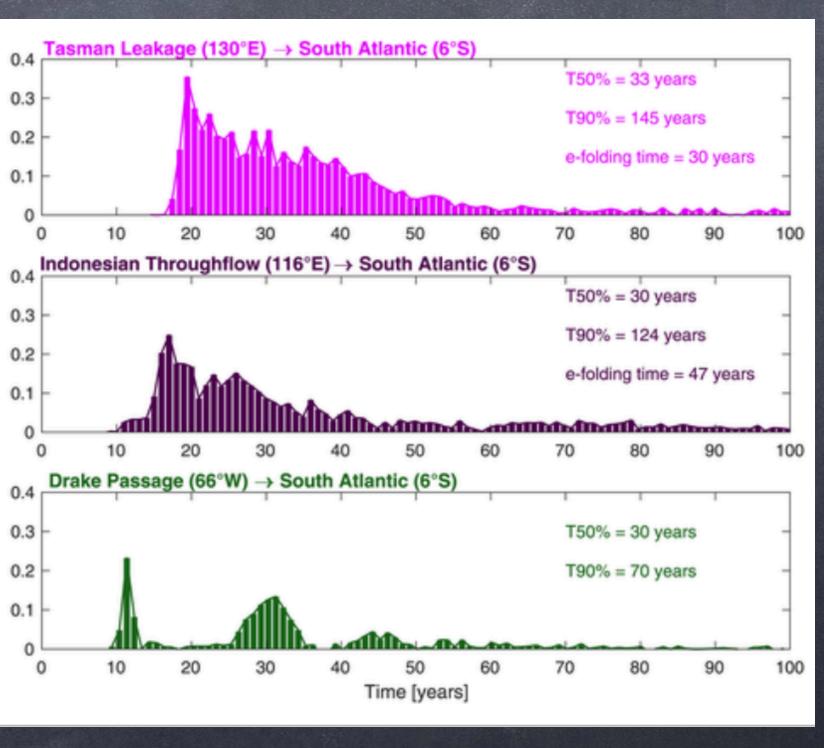
NADW is the most direct source of AABW

IDW and PDW (created by upwelling of AABW in Indian and Pacific) are the most direct sources of SAMW and AAIW waters.



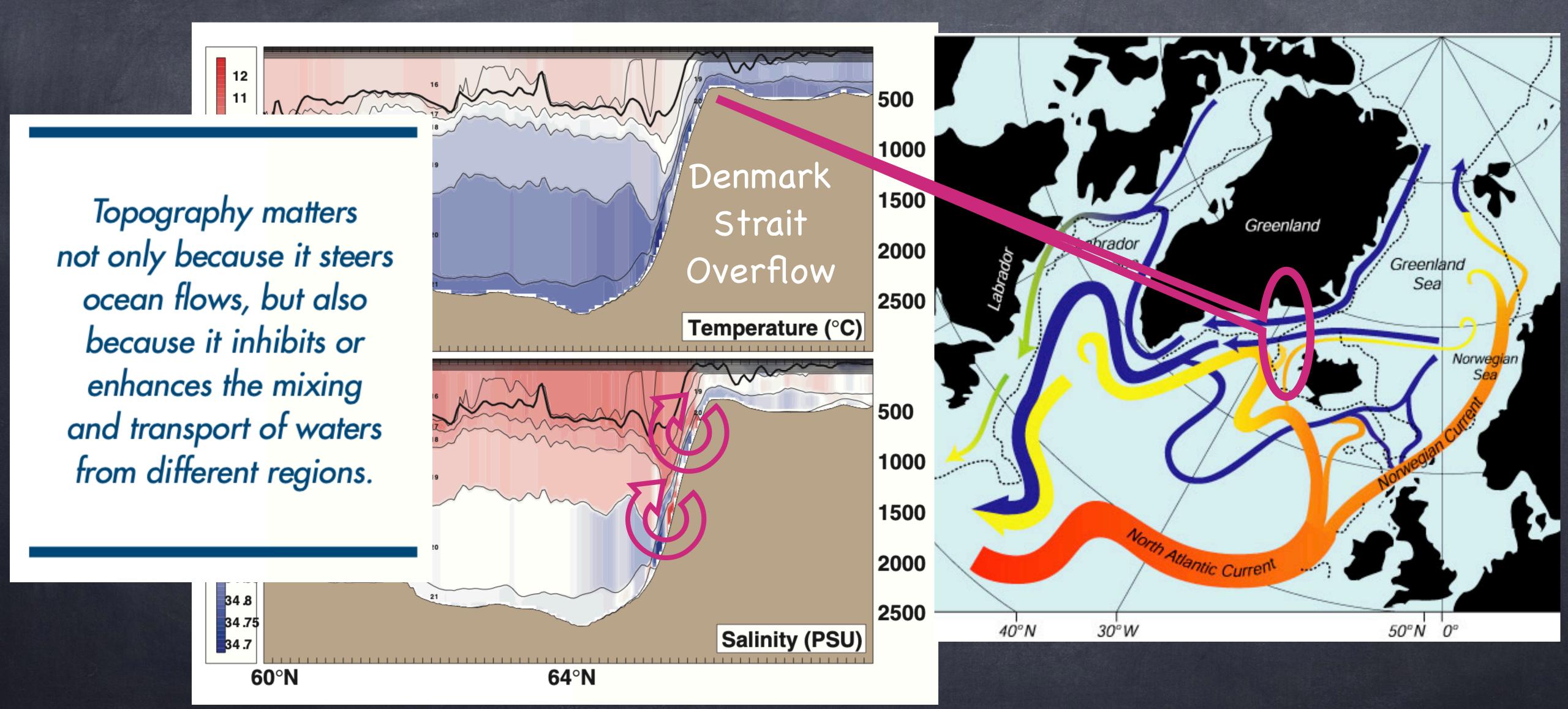
# Upper ocean return paths: From the Pacific and Indian Oceans back to the Atlantic. 12 Sv via the Agulhas, 1 Sv direct via Drake Passage

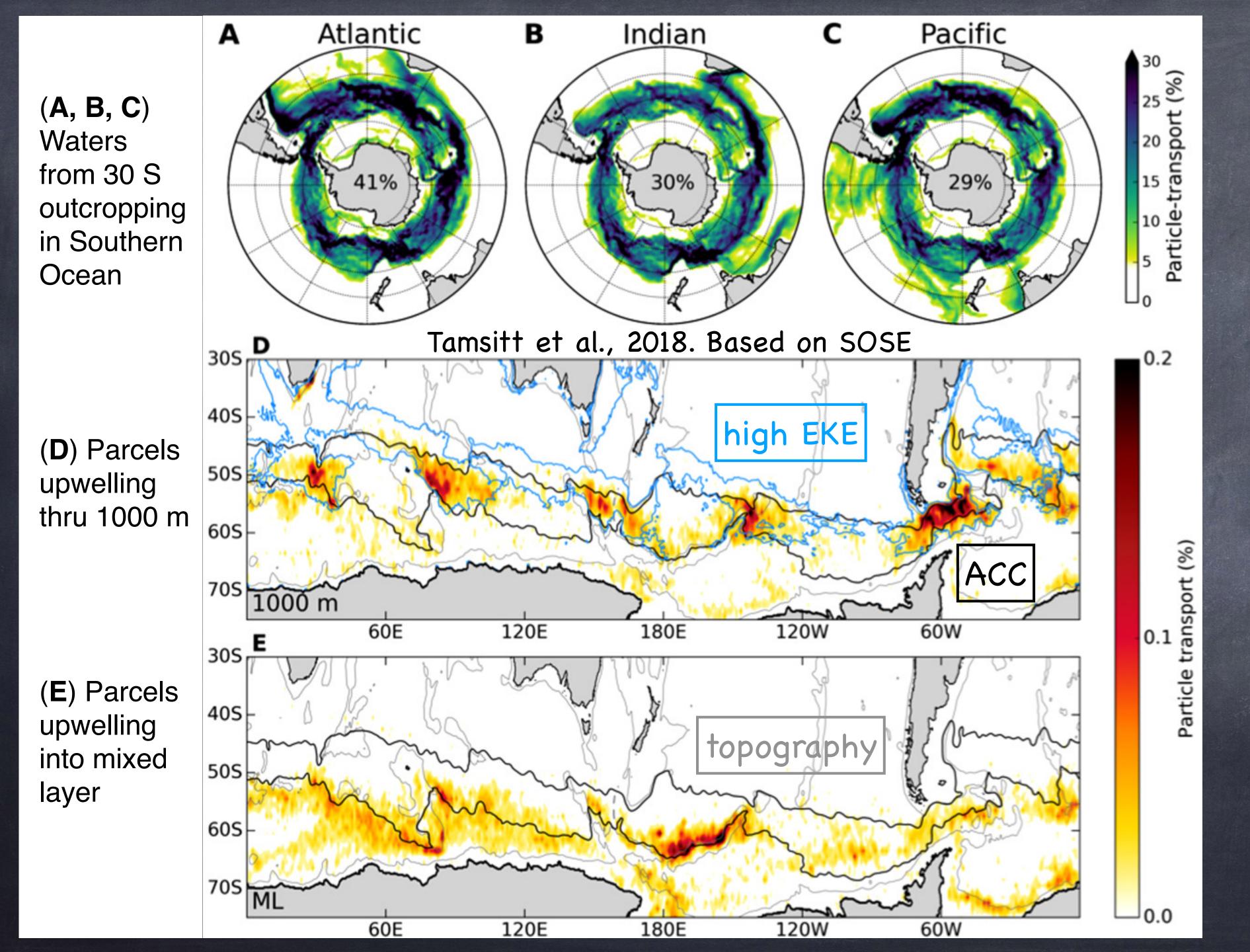




Rousselet et al. (2020) From ocean state estimate ECCOv4

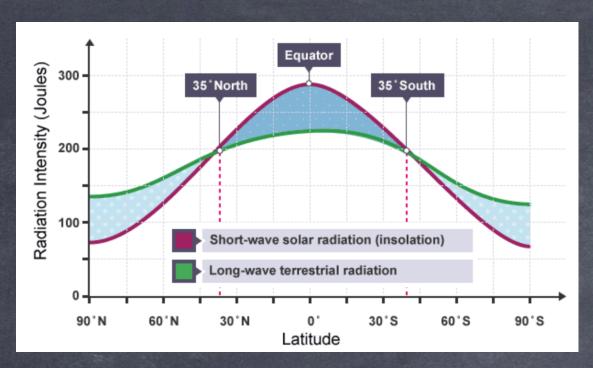
### Importance of Topography



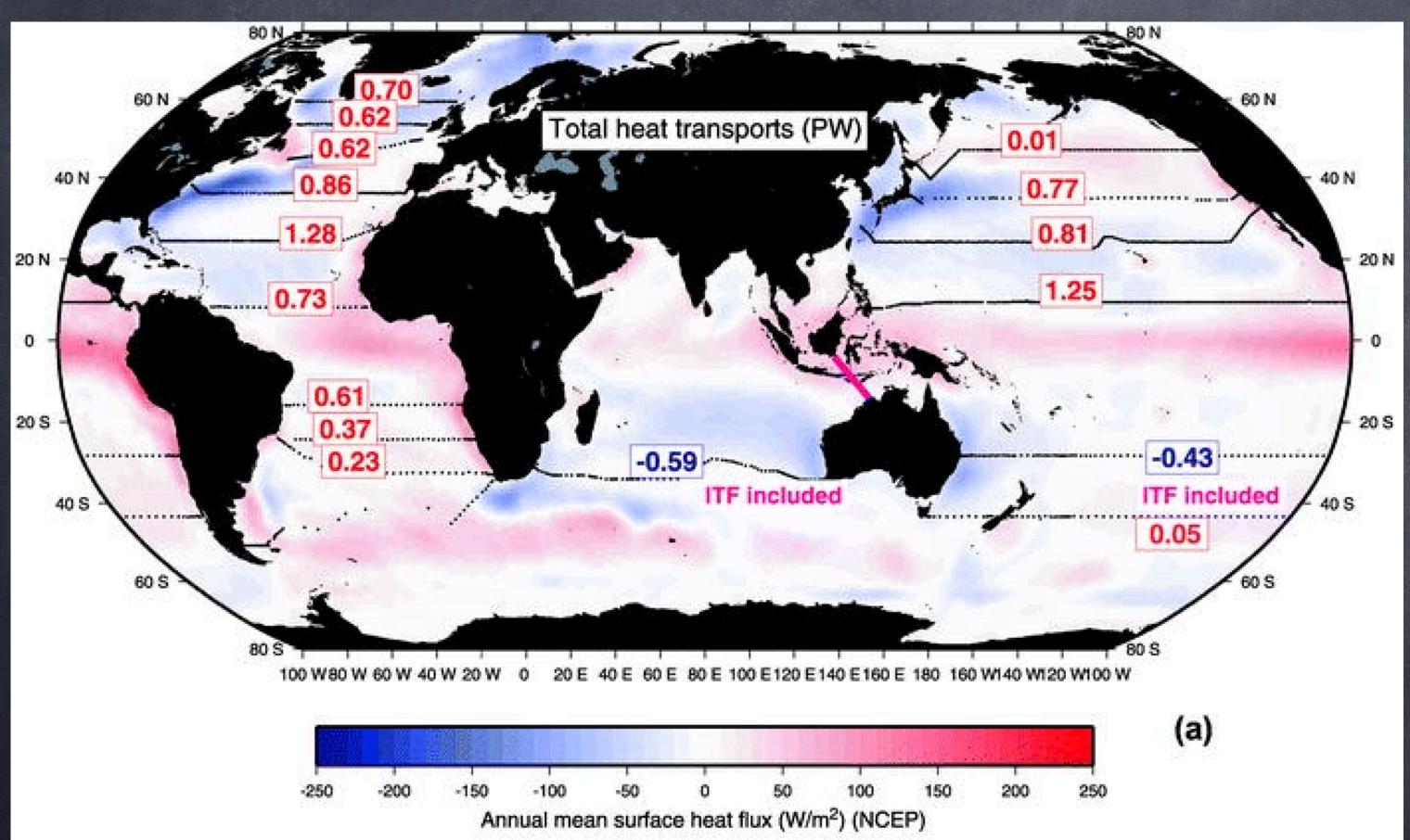


Most upwelling of deep waters occurs in the Southern Ocean, due to:

- (1) sloping density surfaces
- (2) meanders and eddies (induced by topo)
- (3) topographic steering and mixing



## Meridional heat transport in ocean carried by overturning circulation



90°N

0.03±0.00

Ar7

Ar18

0.29±0.02

0.05±0.17

Ar19

Ar16

0.06±0.03

1.46±0.21

Ar3

0.58±0.35

A5

1.24±0.25

0.62±0.15

0.62±0.15

0.62±0.15

0.62±0.15

0.62±0.15

0.88±0.24

0.9°S

45°E

90°E

135°E

180°

135°W

90°W

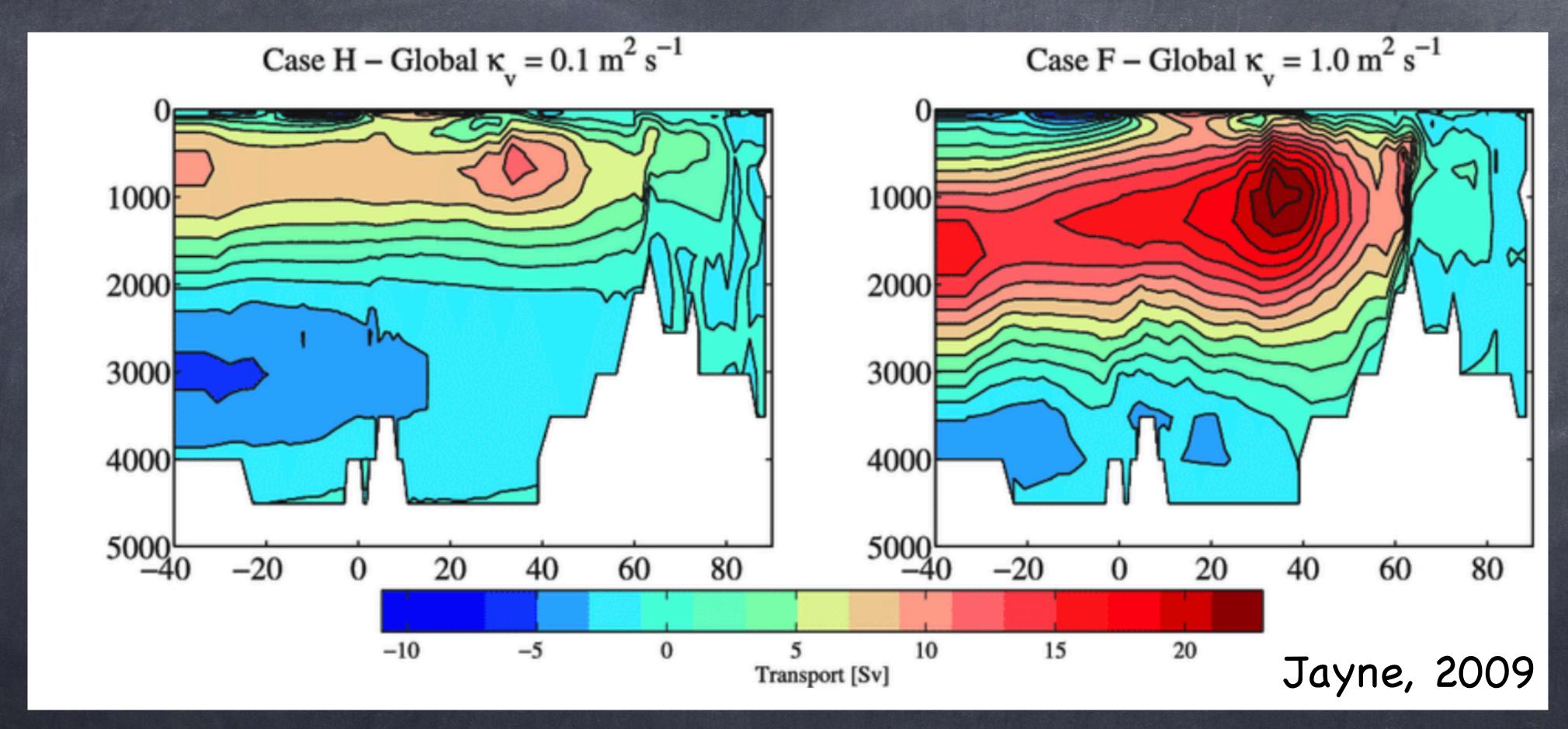
45°W

0°

Lumpkin & Speer (2007), based on inverse model

Talley (2003), based on Reid water mass analysis

### Overturning Stream function



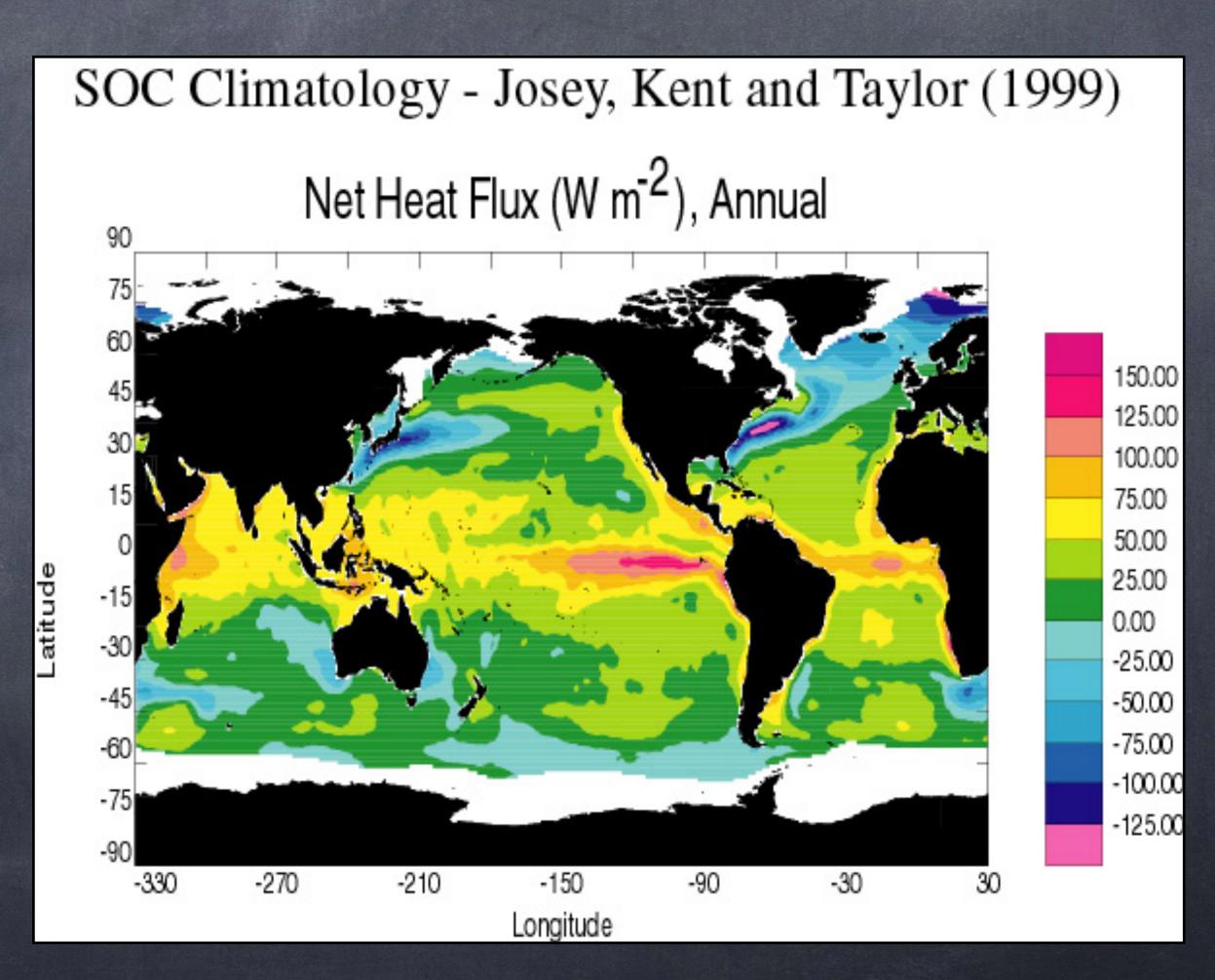
As for evaporative basins and estuarine flows, mixing determines the size of the exchange

# Three ways to estimate meridional ocean heat transport

- Bulk formulae method estimate air-sea heat exchange locally.
- Residual method subtract atmospheric heat transport from the total required by radiation balance.
- Direct method use ocean geostrophic velocity and temperature.

#### Oceanic heat transport from air-sea fluxes

- Q<sub>ocean</sub> = R<sub>net</sub> + E + S where R<sub>net</sub> = incoming solar outgoing infrared. Depends on air and sea temperatures, water vapor pressure, cloudiness.
- $\odot$  E = Latent heat flux =  $\rho C_E(q_s-q_{10})U_{10}$  where  $q_s$  is saturation specific humidity,  $q_{10}$  is atmospheric specific humidity at 10 m,  $U_{10}$  is wind speed at 10 m, and  $C_E$  is determined empirically.
- S = Sensible heat flux =  $\rho C_H C_P (T_s T_{10}) U_{10}$  where  $T_s$  is surface temperature,  $T_{10}$  is atmospheric temperature at 10 m,  $U_{10}$  is wind speed at 10 m, and  $C_H C_P$  are determined empirically.



Global bias of 30 Wm<sup>-2</sup> is typical

#### Residual Method

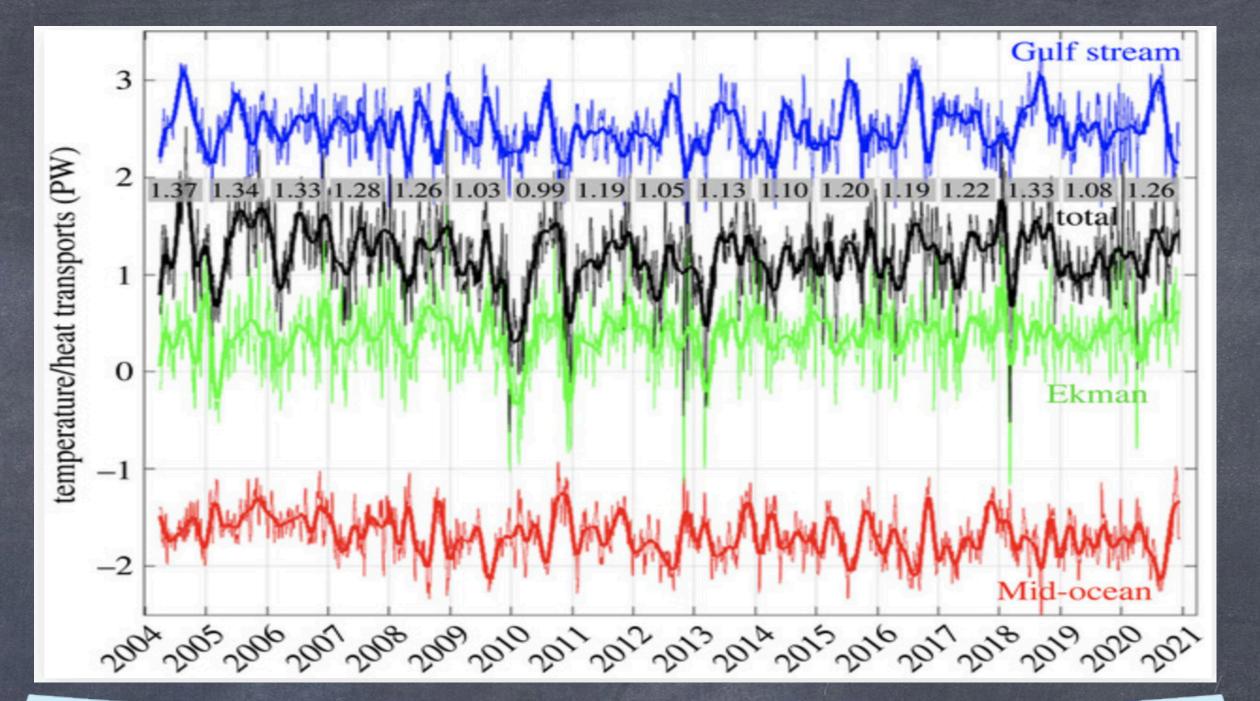
- Large errors in atmospheric heat transport lead to huge uncertainties in oceanic heat transport.
- Uncertainties primarily in atmospheric moisture transport (clouds, precipitation...)
- Recent results suggest that ocean, atmosphere, and moisture (latent heat) transport contribute roughly equally to meridional heat transport.

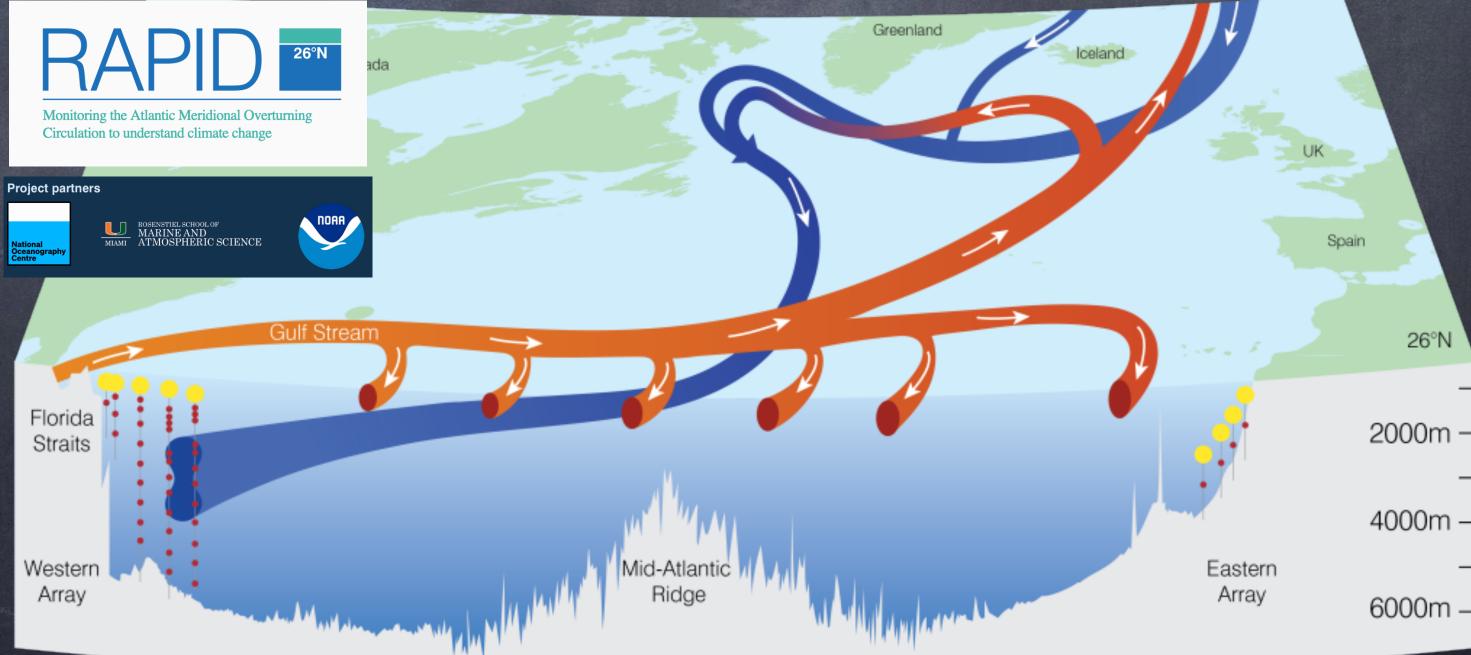
#### Direct Method

From hydrography (one time) or moorings (time series).

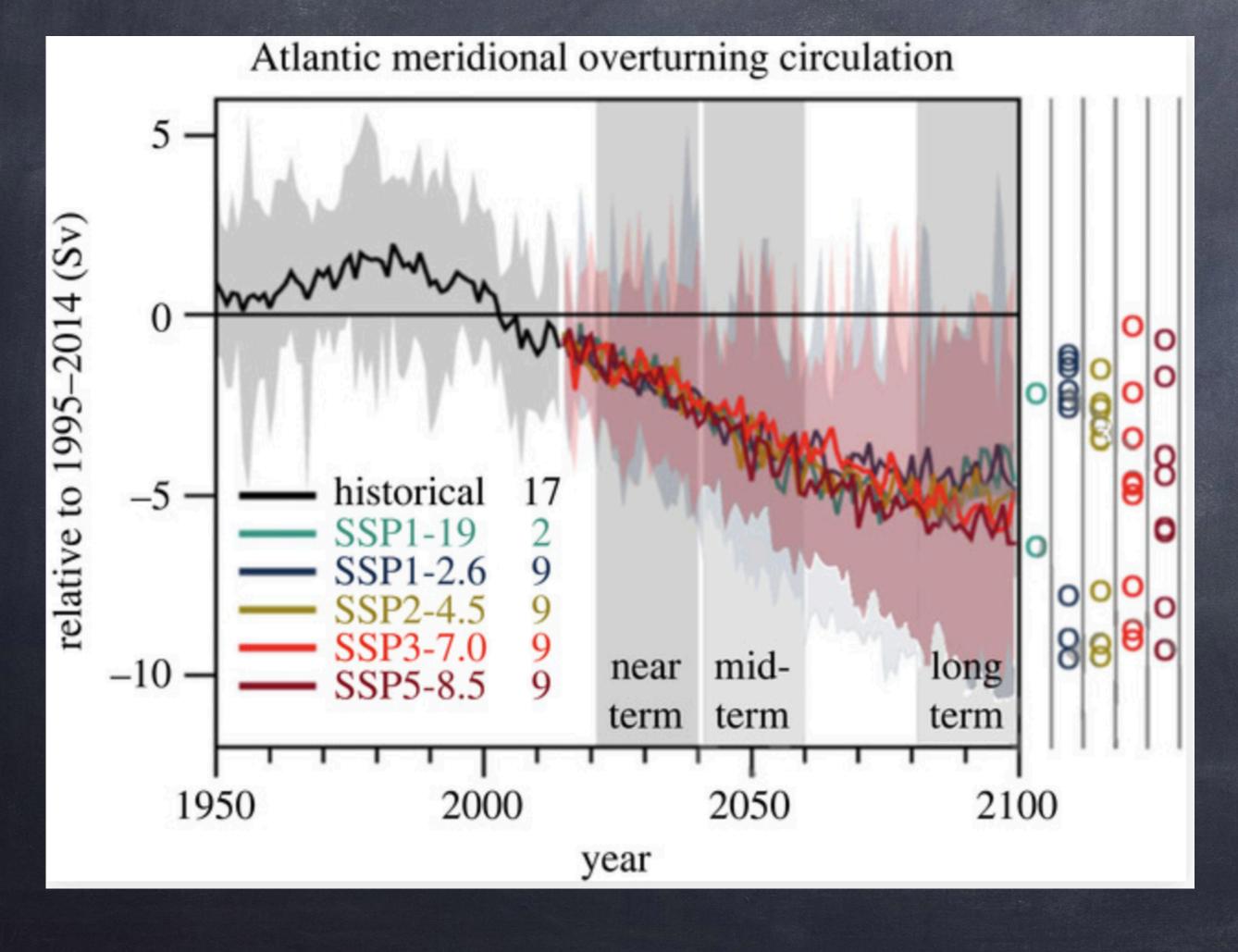
$$Q = \int_{x_w}^{x_e} \int_{H}^{0} \rho c_p v \theta \, \mathrm{d}x \, \mathrm{d}z,$$

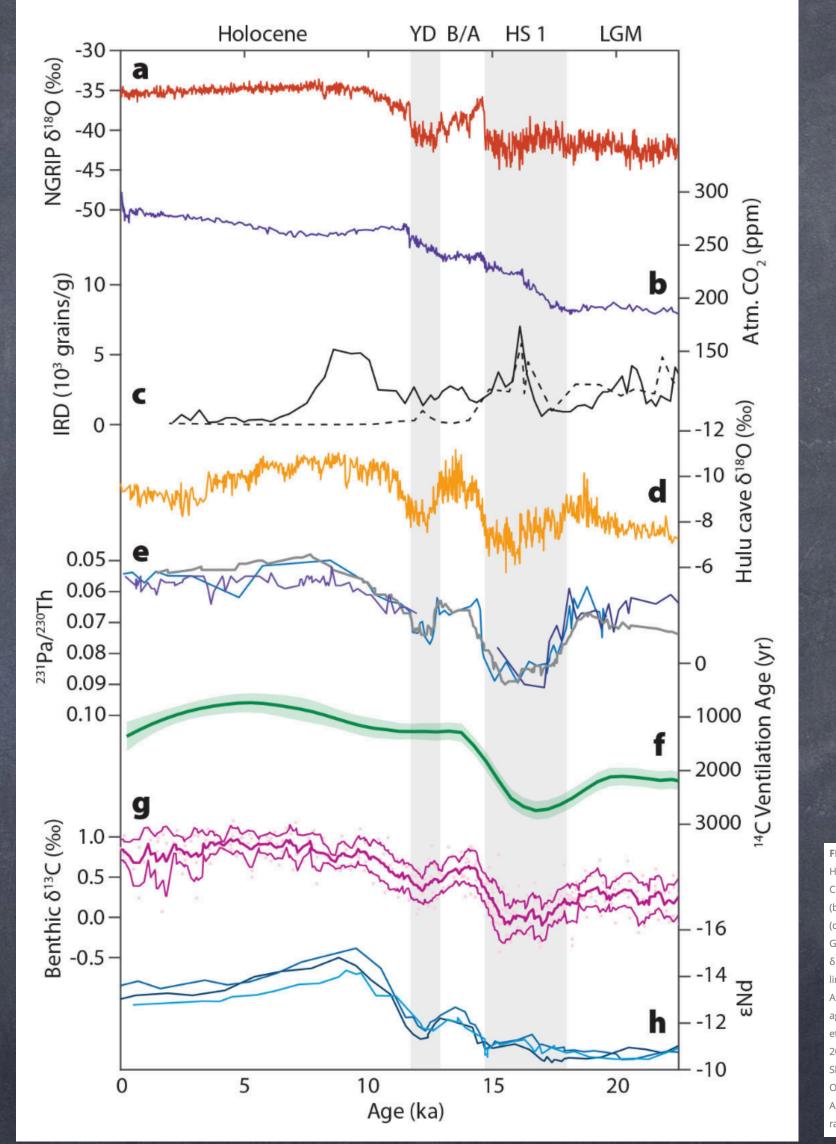
WBC velocity and temperature from moorings; Ekman heat transport from satellite winds and SST; Midocean from T,S,p and mass balance (Hall & Bryden, 1982; Johns et al., 2023)





# Atlantic overturning predicted to weaken due to anthropogenic climate change (IPCC AR6)





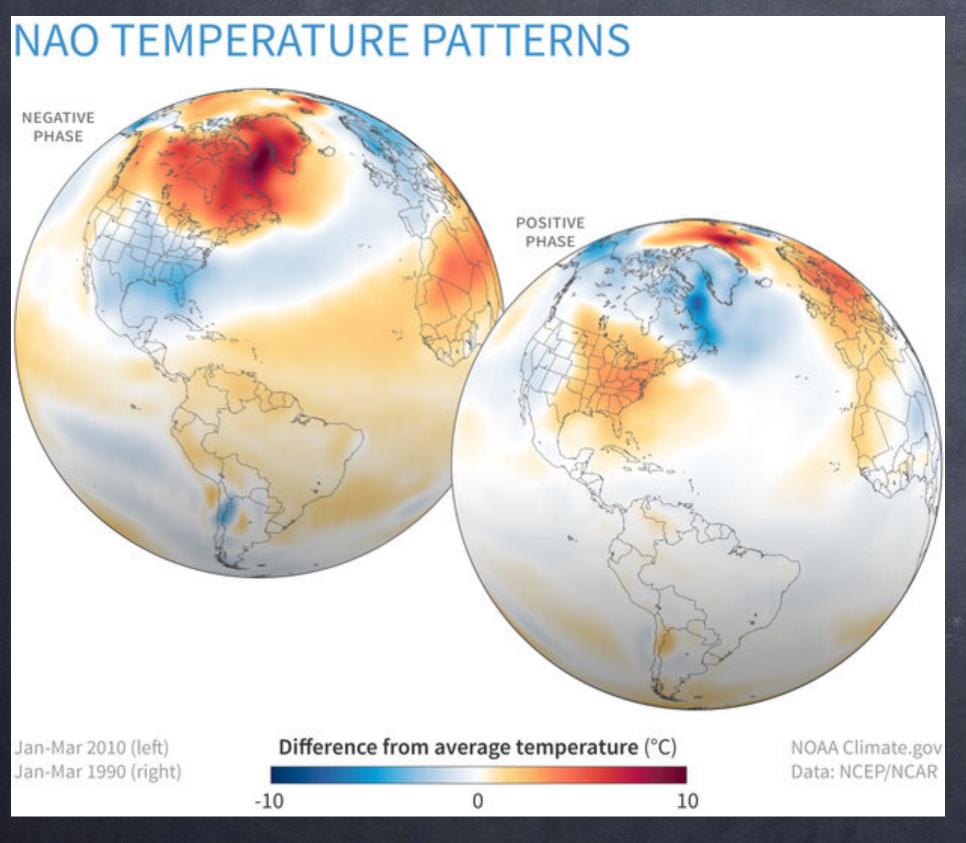
**IGURE 2.** Paleoclimate records across the deglaciation. (a) Northern lemisphere temperature from NGRIP  $\delta^{18}$ O of ice (North Greenland Ice ore Project Members, 2004; Andersen et al., 2006; Rasmussen et al., 2014). (b) Atmospheric CO<sub>2</sub> from the West Antarctic Ice Sheet (Marcott et al., 2014). (c) Ice-rafted debris concentration in the Northwest Atlantic at sites DY081-VY001 (solid) and EW9309-37JPC (dashed) (Zhou et al., 2021). (d) Hulu cave  $^{18}$ O (Cheng et al., 2016). (e)  $^{231}$ Pa/ $^{230}$ Th from the Bermuda Rise (thin nes: McManus et al., 2004; Lippold et al., 2009, 2019) and across the North tlantic (thick line: Ng et al., 2018). (f) Compiled deep Atlantic  $^{14}$ C ventilation ge (Rafter et al., 2022). (g) Deep North Atlantic  $\delta^{13}$ C (as in Lynch-Stieglitz et al., 2014; data from Hodell et al., 2008; Tjallingii et al., 2008; Mulitza et al., 2008; Zarriess and Mackensen, 2011; Shackleton et al., 2000; Skinner and hackleton, 2004; Skinner et al., 2007). (h) εNd from the Blake Bahama auter Ridge (Pöppelmeier et al., 2019). YD = Younger Dryas. B/A = Bølling-llerød. HS 1 = Heinrich Stadial 1. LGM = Last Glacial Maximum. IRD = Ice-afted debris. > High res figure

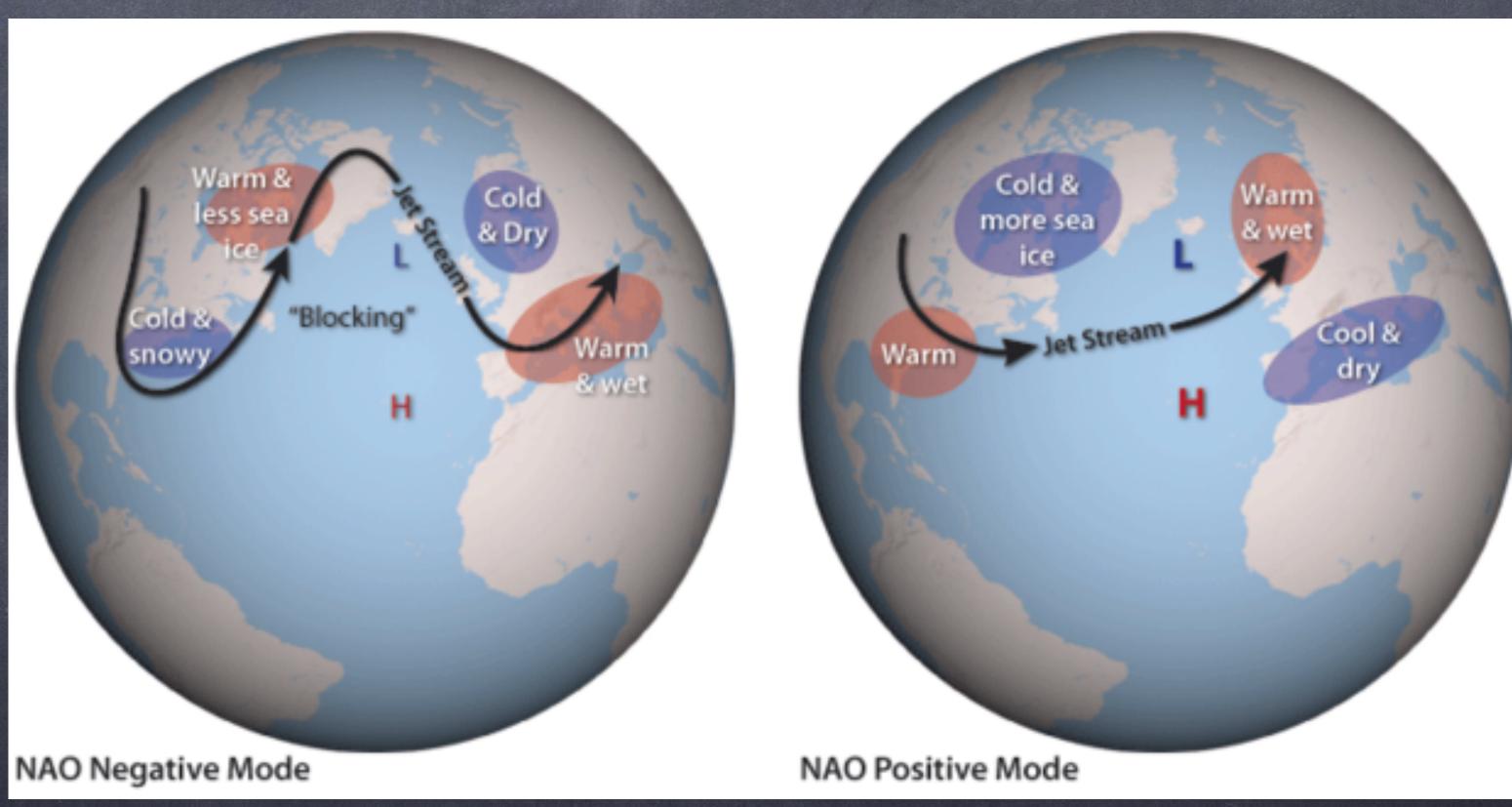
Paleo evidence links AMOC to past climate transitions (Hines et al., 2025)

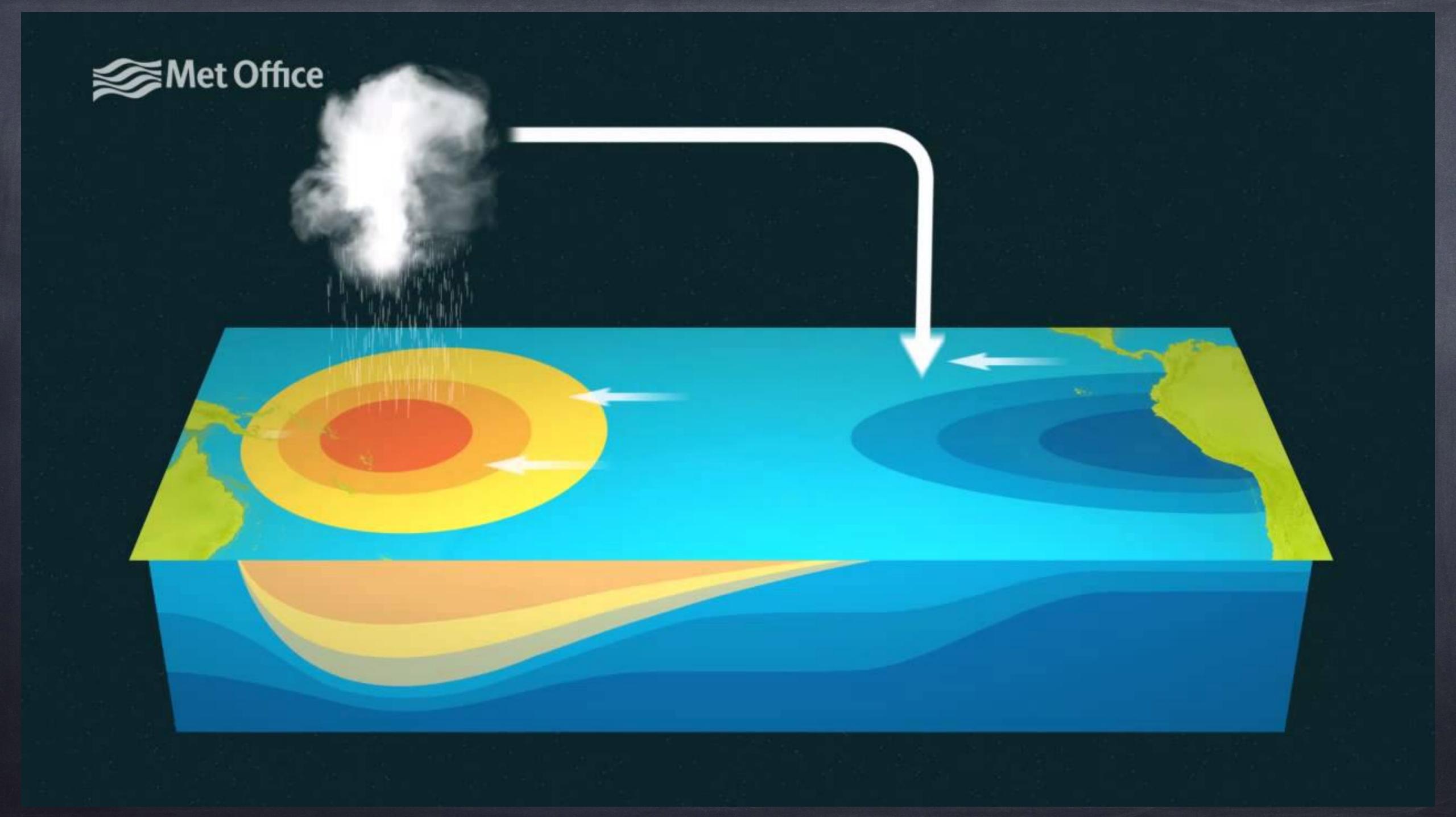


## WHATIS THE AMO?

## North Atlantic Oscillation: Interannual. Feedback between Rossby waves in the atmosphere and ocean

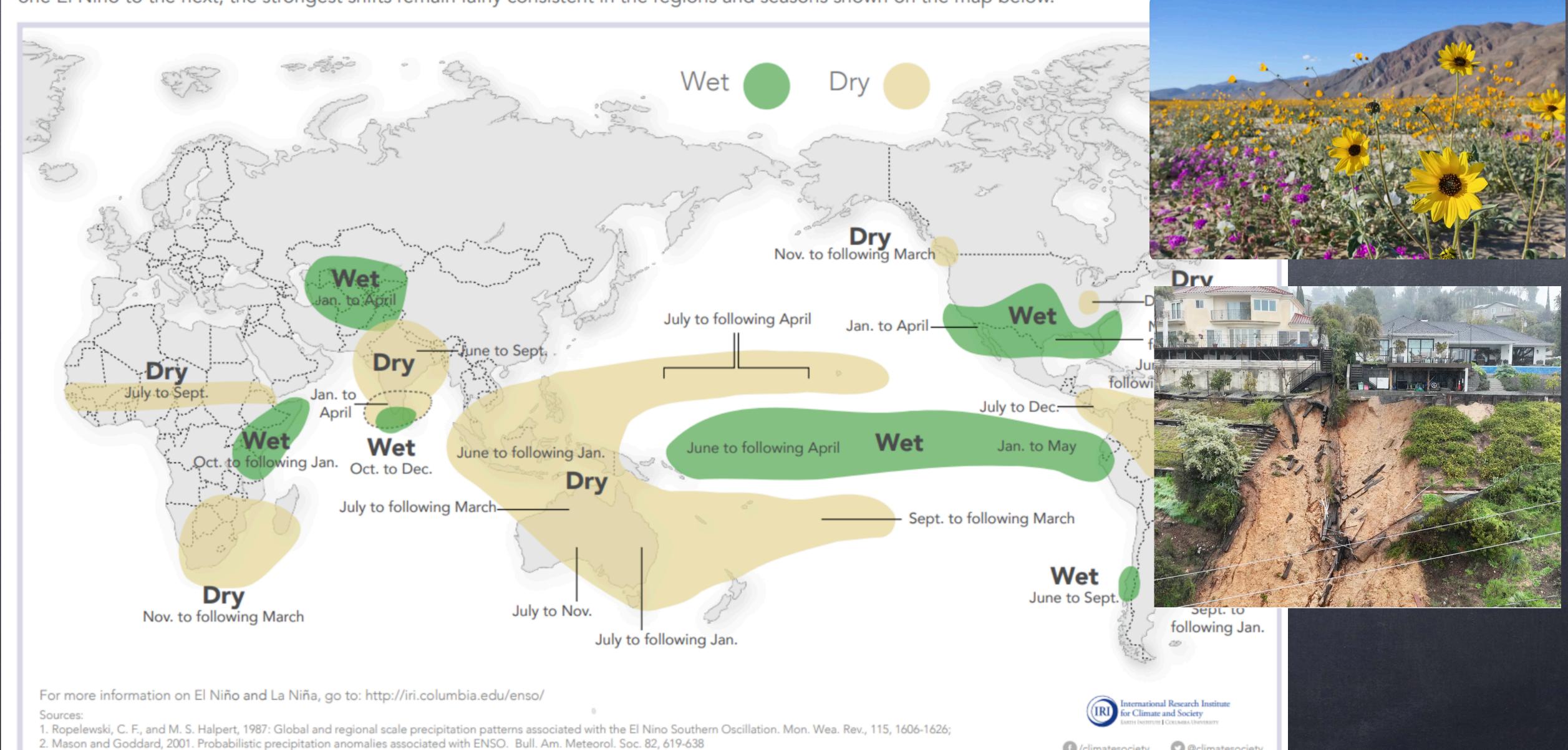






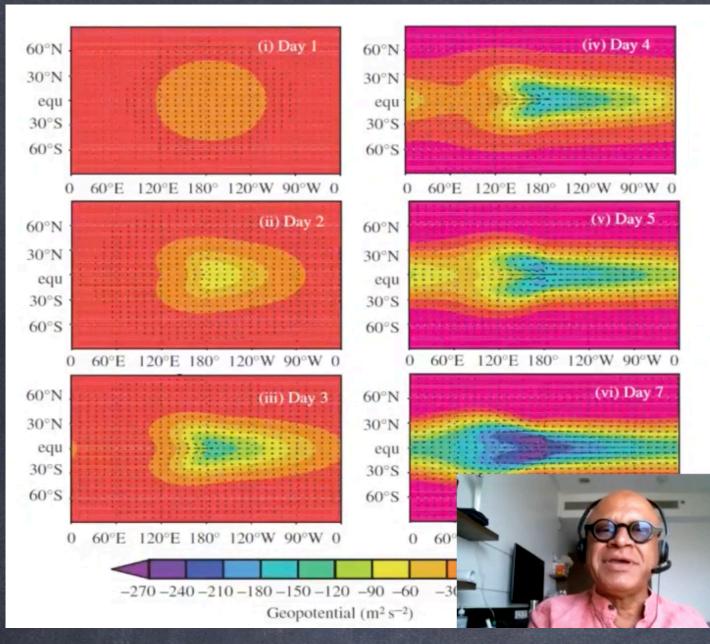
#### El Niño and Rainfall

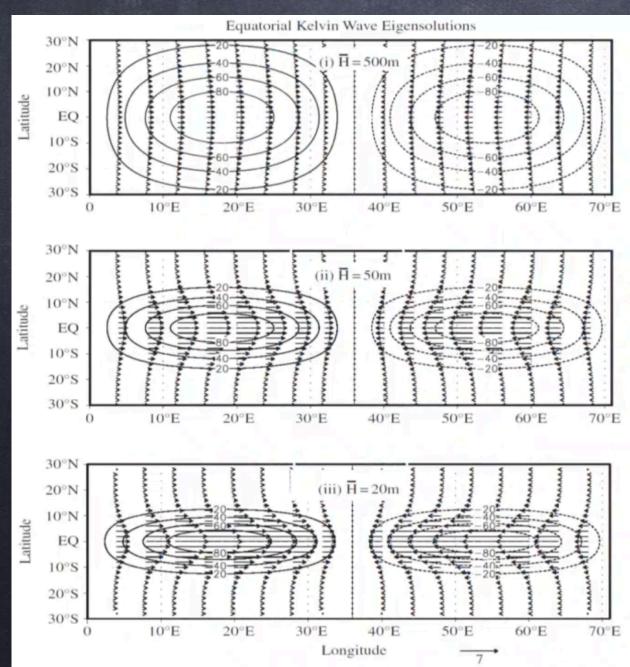
El Niño conditions in the tropical Pacific are known to shift rainfall patterns in many different parts of the world. Although they vary somewhat from one El Niño to the next, the strongest shifts remain fairly consistent in the regions and seasons shown on the map below.



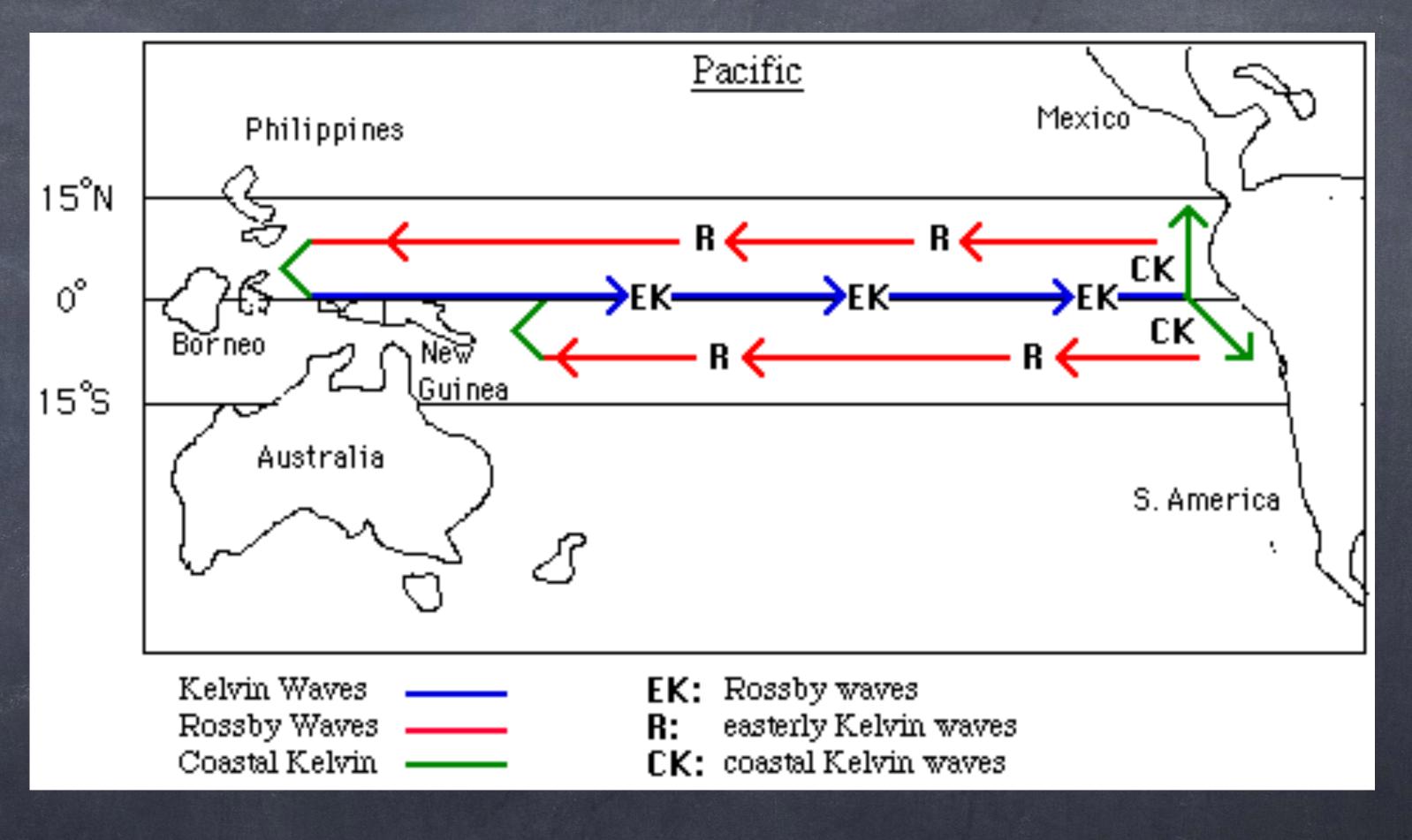
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## ENSO: Rossby and Kelvin waves set interannual oscillator



Stratification sets meridional scale. Wavelength sets phase speed. Boundary causes reflection.

#### Bureau of Meteorology

## Understanding the MJO

